

Revised & Upgraded 3rd Edition 2025

DESKTOP GUIDE

**TO KEYNOTES AND
CONFIRMATORY SYMPTOMS**

*With Glossary
A-Z*



Roger Morrison, MD

TABLE OF CONTENTS

FOREWORD	5	Ambra grisea	49
ACKNOWLEDGEMENT	7	Ammonium carbonicum	51
INTRODUCTION	10	Anacardium	53
		Anagallis	55
Abies canadensis	25	Angustura	55
Abies nigra	25	Anthracinum	55
Abrotanum	26	Antimonium crudum	56
Aconitum napellus	28	Antimonium tartaricum	59
Actea racemosa	34	Apis mellifica	62
Actea spicata	34	Apocynum	67
Aesculus	34	Argentum metallicum	68
Aethusa	36	Argentum nitricum	70
Agaricus	37	Arnica montana	75
Agnus castus	40	Arsenic album	79
Allium cepa	42	Arsenicum iodatum	87
Aloe	44	Artemisia vulgaris	88
Alumina	46	Arum triphyllum	89

Arundo	90	Bromium	124
Asafoetida	91	Bryonia	126
Asarum europæum	92	Bufo	132
Aurum	94	Cactus	134
Aurum muriaticum	98	Cadmium sulfuratum	136
Aurum muriaticum natronatum	99	Caladium	137
Badiaga	99	Calcarea arsenica	138
Baptisia	99	Calcarea carbonica	140
Baryta carbonica	101	Calcarea fluorica	148
Baryta muriatica	105	Calcarea phosphorica	150
Belladonna	106	Calcarea silicata	153
Bellis perennis	113	Calcarea sulphurica	154
Benzoic acid	114	Calendula	156
Berberis	116	Camphora	156
Bismuth	118	Cannabis indica	159
Blatta orientalis	119	Cannabis sativa	161
Borax	120	Cantharis	162
Bothrops	123	Capsicum	165
Bovista	123	Carbo animalis	167

Carbo vegetabilis	169	Cina	207
Carbolic acid	173	Cinnabaris	209
Carboneum sulphuratum	174	Cistus canadensis	210
Carcinosin	174	Clematis	211
Carduus marianus	179	Cobaltum	212
Castor equi	180	Coca	213
Caulophyllum	181	Cocculus	214
Causticum	182	Coccus cacti	217
Ceanothus	188	Coffea	218
Cedron	188	Colchicum	220
Chamomilla	189	Collinsonia	222
Chelidonium	193	Colocynthis	222
Chimaphila umbellata	195	Conium	224
China officinalis	196	Corallium rubrum	227
Chininum sulphuricum	200	Crocus sativus	228
Chloralum	202	Crotalus cascavella	229
Chlorum	202	Crotalus horridus	230
Cicuta virosa	202	Croton tiglium	232
Cimicifuga	204	Cubeba	233

Cuprum	233	Gelsemium	261
Curare	236	Glonoinum	265
Cyclamen	237	Gnaphalium	266
Digitalis	239	Graphites	267
Dioscorea	241	Gratiola	271
Dolichos	242	Grindelia	273
Drosera	242	Guaiacum	273
Dulcamara	244	Hamamelis	275
Elaps	247	Hekla lava	276
Equisetum	248	Helleborus	276
Erigeron	248	Helonias	279
Eupatorium perfoliatum	249	Hepar	281
Euphrasia	251	Hydrastis	285
Ferrum	252	Hydrophobinum	286
Ferrum iodatum	255	Hyoscyamus	289
Ferrum phosphoricum	256	Hypericum	294
Fluoricum acidum	257	Ignatia	295
Formica rufa	259	Iodum	299
Gambogia	259	Ipecacuanha	301

Iris versicolor	304	Lactic acid	344
Jacaranda	305	Lactuca	344
Jalapa	305	Lathyrus	345
Juglans cinerea	305	Latrodectus mactans	346
Juglans regia	305	Laurocerasus	346
Kali arsenicosum	306	Lecithin	348
Kali bichromicum	308	Ledum	348
Kali bromatum	312	Lemna minor	350
Kali carbonicum	314	Lilium tigrinum	351
Kali ferrocyanatum	318	Lithium carbonicum	354
Kali iodatum	319	Lobelia inflata	355
Kali nitricum	322	Lycopodium	364
Kali phosphoricum	323	Lycopus virginicus	364
Kali sulphuricum	325	Lyssinum	365
Kalmia	327	Magnesia carbonica	365
Kreosotum	330	Magnesia muriatica	368
Lac caninum	333	Magnesia phosphorica	371
Lac defloratum	336	Mancinella	372
Lachesis	337	Manganum	374

Medorrhinum	376	Nux vomica	425
Melilotus	381	Ocimum canum	432
Mephitis	382	Oenanthe	432
Mercurius	383	Oleander	433
Mercurius corrosivus	388	Oleum animale	435
Mercurius iodatus flavus	389	Onosmodium	435
Mercurius iodatus ruber	389	Opium	437
Mezereum	390	Origanum	441
Moschus	392	Oxalicum acidum	442
Murex	394	Paeonia	444
Muriaticum acidum	395	Palladium	445
Naja	396	Pareira	446
Natrum arsenicum	398	Paris quadrifolia	447
Natrum carbonicum	400	Petroleum	448
Natrum muriaticum	403	Petroselinum	451
Natrum phosphoricum	411	Phellandrium	451
Natrum sulphuricum	413	Phosphoricum acidum	452
Nitricum acidum	417	Phosphorus	454
Nux moschata	422	Physostigma	462

Phytolacca	463	Robinia	508
Picricum acidum	465	Rumex crispus	508
Piper methysticum	467	Ruta	510
Platinum	467	Sabadilla	512
Plumbum	470	Sabina	514
Podophyllum	473	Sambucus nigra	515
Prunus spinosa	475	Sanguinaria	517
Psorinum	476	Sanicula	520
Ptelea	480	Sarsaparilla	523
Pulsatilla	481	Scutellaria	524
Pyrogenium	490	Secale	525
Radium bromatum	492	Selenium	528
Ranunculus bulbosus	493	Senega	530
Raphanus	496	Sepia	531
Ratanhia	497	Silica	538
Rheum	498	Sinapis nigra	545
Rhododendron	499	Spigelia	545
Rhus toxicodendron	501	Spongia tosta	547
Rhus venenata	507	Squilla maritima	550

Stannum	551	Thea	594
Staphisagria	553	Theridion	595
Stellaria media	558	Thlaspi	596
Sticta	558	Thuja	597
Stramonium	560	Tuberculinum	602
Strontium	565	Urtica urens	608
Strychninum	566	Ustilago	609
Sulphur	568	Valeriana	610
Sulphuricum acidum	578	Veratrum album	612
Symphytum	580	Veratrum viride	616
Syphilinum	581	Verbascum	617
Tabacum	585	Viburnum	617
Taraxacum	586	Viola odorata	618
Tarentula cubensis	587	Viola tricolorata	618
Tarentula hispanica	588	Wyethia	618
Tellurium	592	Xanthoxylum	619
Terebinthina	593	Zincum	620
Teucrium	594		

ABIES CANADENSIS

Abies Canadensis has one very useful keynote: **the sensation of a cold wet cloth on the back** (*Tub, Puls*).

ABIES NIGRA

Abies Nigra is primarily a remedy for gastric conditions: peptic ulcers, gastritis, hiatus hernia, etc. The main keynote is the horrible sensation of a lump in the top of the stomach. The patient may feel as if there were a stone in his epigastrium or as if he had swallowed an egg.

GASTROINTESTINAL

◆ **Sensation of a lump in the epigastrium. May be described "as if one had swallowed an egg or a rock."**

Stomach pain after eating.

Gastric problems in elderly patients.

CHEST

Cardiac problems, especially in elderly patients.

CLINICAL

Cardiac disease. Gastritis. Hiatus hernia. Peptic ulcer.

COMPARISONS

Nux-V.

ABROTANUM

Abrotanum is a remedy affecting glands, joints, and mucous membranes. The main indication for Abrotanum is "metastasis." But here "metastasis" is not meant to imply metastatic cancer, but rather the idea that there is change of location or form of pathology. For example, we think of Abrotanum when mumps moves from the parotid glands to the testes, or if arthritis or diarrhea is suppressed and results in a heart condition. In complaints which change form or location or are rapidly suppressed producing entirely new symptoms we think of Abrotanum.

GENERALS

◆ **Metastasis; change in form or location of pathology.**

Marasmus; in children and infants. The lower limbs emaciate before the rest of the body.

Newborns fail to gain weight; wrinkled or Hippocratic face (*Aeth*).

Emaciation despite a ravenous appetite.

General amelioration during diarrhea (*Nat-S, Zinc*).

General aggravation after influenza (*Gels, Scut, Nat-Sal, Influenz*)

Aggravation from cold and cold wet weather.

Enlarged or inflamed lymph glands.

GASTROINTESTINAL

◆ **Discharge from the umbilicus especially in newborns;** any eruption around the umbilicus in newborns who are eating poorly or failing to gain weight.

Any pathology or eruption of the umbilicus.

Diarrhea which relieves the organism (and may if suppressed result in rheumatic or other conditions).

Hemorrhoids. Suppressed hemorrhoids.
Rectal hemorrhage from suppressed menses.

CHEST

Respiratory infections from suppression of eruptions.
Cardiac disease after suppression of rheumatism or other conditions.
Hoarseness.

EXTREMITIES

Rheumatism. Gout. Arthritic nodosities.
Rheumatic pains worse cold, damp weather, worse night.
Rheumatism alternates with diarrhea or after suppressed diarrhea.
Wasting of the lower extremities more than or earlier than the rest of the body (opposite *Nat-M*, *Lyc*).

CLINICAL

Arthritis. Bronchitis. Diarrhea. Failure to thrive. Gout.
Hemorrhoids. Marasmus. Mumps. Respiratory infection.
Rheumatic heart disease. Umbilicus, infection.

COMBINED SYMPTOMS

◆ **Failure to thrive or emaciation with umbilical eruptions or discharge.**

COMPARISONS

Aeth. Puls. Kali-Bi. Mag-C. Sil.

ACONITUM NAPELLUS

Although **Aconite** has been used in the past primarily for acute conditions arising from shock and exposure, Vithoulkas has pioneered its use in more chronic psychological conditions such as deep phobic states, panic disorder and anxiety neurosis. The complaints (the anxiety states or the acute conditions) of **Aconite** come suddenly and with great intensity. In both the acute conditions and the chronic psychological disorders, there is most often great anxiety and an overwhelming terror of death. In many cases this fear extends to a presentiment or a certainty that death is imminent. The patient may predict the exact age or date of his death.

In the acute conditions, we find rapidly developing inflammations of almost any organ system. These inflammations follow quickly, often only minutes or hours after exposure to wind, fright or shock. In severe acute inflammatory conditions, the fear may be intense, however in more minor conditions the fear may be entirely absent. The acute illness can be tremendously violent or life-threatening. The infection and inflammation in **Aconite** rarely extend to the purulent stage of the illness.

Anytime that a violent or frightening event occurs (such as an earthquake or a car accident) we often must give **Aconite** first, even if we will need other specific acute remedies later. **Aconite** can release a shock or fright that has been held in the body or mind for a lifetime.

Aconite must usually be given in high potency, such as 50M or CM, because the symptoms are very intense and must be matched by the potency. This rule does not hold for more minor acute disorders.

MENTALS

Tremendous fear of death.

◆ **Feels death is imminent. Predicts or has a fixed idea of some specific time when death will come.**

◆ **"Presentiment of death"** (*Arg-N, Agn*).

Fears: ◆ **Claustrophobia.** ◆ **Fear of being in a crowd or a crowded room.** ◆ **Earthquakes.** Agoraphobia. Airplanes. Bad news. Ghosts. Heart disease.

Panic disorder with recurring episodes of tremendous fear of death, convinced that death is upon him, face full of terror, strong or even violent palpitations, marked flushing, and shortness of breath.

◆ **Anxiety states following a strong fright** such as a car accident or earthquake, etc.

Restlessness.

Panic symptoms come in evening and also just after falling asleep. Wakes 1 to 2 hours after sleep with fright, beginning after a shock.

Fear during labor, fears she will die.

Anxiety for others.

Desires company.

Frantic with pains; feels urgent need of relief.

GENERALS

Robust, plethoric, and vital people.

◆ **Complaints begin after a fright or sudden, shocking events.**

◆ **Shock and fear immediately after injury, exposure or accidents. Symptoms come on suddenly** (*Bell*).

General aggravation after exposure to wind, especially cold, dry wind.

General aggravation from heat once the complaint is established (even the mental symptoms).

Intense pains which may cause the patient to cry out.
Restlessness. Unable to remain still.

HEAD

Vertigo, especially after a fright or shock.

Vertigo or faintness on rising or standing.

Severe headache during the fever, from exposure, when coryza is suppressed.

Colds or influenzas, come suddenly from exposure, with high fever and great heat or burning in the nostrils.

EYE

Conjunctivitis after exposure, inflamed with copious, thin discharge.

Photophobia.

Acute remedy for wounds and foreign bodies to the eyes.

Sudden blindness after fright or shock.

EAR

Otitis media which comes on suddenly (often from exposure) with intense pain and high fever (*Bell*).

Ears bright red.

FACE

One cheek red, the other cheek pale (*Cham*).

Flushes of heat in the face.

Perspiration of face only where in contact with the pillow.

Facial neuralgia, often unbearably painful, worse exposure to wind.

One-sided facial numbness.

Facial paralysis after exposure.

Flushed, plethoric face, congestion in face.

OROPHARYNX

Bitter taste in the mouth, only water tastes normal.

Numbness of mouth and tongue.

Dryness, especially in the center of the tongue.

Toothache from exposure to cold.

Pharyngitis or tonsillitis, very red, burning, often from exposure.

GASTROINTESTINAL

Great thirst, usually for cold drinks.

Desires: Fish.

Aversion: Artichokes.

Gastritis from drinking cold drinks when over-heated.

Pain about the umbilicus, especially during stool, may radiate to the chest.

Acute hepatitis.

UROGENITAL

◆ **Urine retention in infants or mothers right after delivery.**

◆ **Especially useful for women during labor, they feel absolutely certain they are about to die.**

Orchitis.

Uterine hemorrhage.

CHEST

◆ **Main remedy for early stages of croup.**

Pneumonia with sudden onset, great restlessness, fear and dyspnea, worse lying on the left side. There is often hemoptysis with "cherry red" sputum.

Angina or acute myocardial infarction with numbness into the left arm (*Cact*, *Rhus-T*, etc.).

Palpitation. Tachycardia.

Palpitation and pulsations after a fright.

Heat in the chest, or a "boiling" sensation.